

Making A Fresh Start  
How To Make The Most of My Life

“An intelligent person aims at wise actions, but a fool starts off in many directions” (Proverbs 17:24)

A- **Assume Responsibility** for My Life

Everything bad in your life is **somebody else’s fault**

1. Blame the **environment**
2. Blame the **government**
3. Blame your **parents**
4. It’s not **MY fault**

3 Kinds of People: Accusers-Excusers-Choosers

“Each person must be responsible for himself” Gal 6:5  
“The lazy man is full of excuses” Phil 4:13

B- Believe I can **Change**

“There is nothing I cannot master with the help of Christ who gives me strength” (Phil. 4:13)

Not by your **resolve**, but by God’s **enabling power**:

C- **Clarify** What I really Want

“We can choose the sounds we want to listen to: We can choose the taste we want in food, and we should choose to follow what is right, But first of all we must define...what is good”

“Everything is permissible, but not everything is beneficial”  
1 Cor. 10:23

-Your **Values** Determine Your **Vision**

-Your **Desires** Determine Your **Direction**

D- Don’t Wait To Begin

If you wait for perfect conditions, you will never get anything done” Eph. 11:4

-Life must be **enjoyed** under **imperfect circumstances**

“Jesus grew in wisdom and in stature, and in favor with God and favor with men” Lk 2:52

4 Areas to start developing in your life:

1. **Intellectual**—What do I want to learn?
2. **Physical**—What will improve my health?
3. **Spiritual**—What will deepen my relationship with God?
4. **Social**—What will my ministry be to others?